

CURRICULUM VITAE

LAURA E. ROSS-ADAMS, D.O.
300 Creek Crossing Blvd
Suite 307
Hainesport, New Jersey 08036

PERSONAL PROFILE

Name: Laura Ross-Adams
Birth Date: June 9, 1965
Place of Birth: Farmingdale, New York

EDUCATIONAL TRAINING

Undergraduate

Brandeis University
May 1987
Bachelors of Arts – *Anthropology*

Medical School

The University of Health Sciences/College of Osteopathic
Medicine (Now Known As Kansas City University of Medicine & Bioscience)
Kansas City, Missouri
Doctor of Osteopathy – June 1991

Internship

Brighton Medical Center
Portland, Maine
June 1991 – June 1992

Residency/Orthopedic Surgery

Brighton Medical Center
Portland, Maine
June 1992 – July 1995
*Chief Resident in 1994

Kennedy Memorial Hospitals – University Medical Center
University of Medicine and Dentistry of New Jersey
Stratford, New Jersey
July 1995 – June 1996

Elective Rotations in Orthopedic Residency Training

Operative Hand Surgery

New England Baptist Hospital
Department of Orthopedics
Boston, Massachusetts
September – November 1993

EDUCATIONAL TRAINING (CONTINUED)

Adult Joint Reconstruction Surgery

New England Baptist Hospital
Department of Orthopedics
January – March 1995

Orthopedic Trauma Surgery

Boston City Hospital
Department of Orthopedics
Boston, Massachusetts
February – April 1996

Pediatric Orthopedic Surgery

Dupont Institute
Department of Orthopedics
Wilmington, Delaware
November 1996 – January 1997

PROFESSIONAL ASSOCIATIONS

American Osteopathic Association
American Osteopathic Academy of Orthopedics
Association of Women Surgeons
New Jersey Association of Osteopathic Physicians and Surgeons
New Jersey Orthopedic Society

PROFESSIONAL OFFICES

Ross Center for Orthopedics, LLC
300 Creek Crossing Boulevard, Suite 307
Hainesport, NJ 08036
January 2006 - Present

188 Fries Mill Road, Suite N-2
Turnersville, NJ 08012
September 2016 – March 2020

175 Cross Keys Road, Suite 205
Berlin, NJ 08009
January 2006 – June 2016

Regional Orthopedic Professional Association

Kennedy Memorial Hospital
2201 Chapel Avenue
Cherry Hill, NJ 08002
July 1996 – December 2005

163 Hurffville-Crosskeys Road
Turnersville, NJ 08012
July 1996 – December 2005

STAFF APPOINTMENTS

1996 – Present	Jefferson Hospital (Formerly Kennedy) Cherry Hill Division Washington Township Division Stratford Division
1997 – Present	Virtua/West Jersey Hospital System Voorhees, Berlin, Mt. Holly, Marlton and Camden
1997 – Present	Kennedy Surgical Center Washington Township, New Jersey
2005 – 2018	South Jersey Surgical Center Mount Laurel, New Jersey
2018 – Present	Surgical Center of South Jersey Mount Laurel, New Jersey

STATE LICENSES

New Jersey:	MB-64032
National Boards:	
Board Certified:	American Osteopathic Board of Orthopedic Surgery Certificate # 1234
	Part I Written Examination – Spring 1996
	Part II Oral Examination – Fall 1996
	Part III Practical and Chart Review –Fall 1998
	2008 Recertification
	2018 Recertification
Board Certified:	American Osteopathic Board of Orthopedic Surgery

RESEARCH PAPERS

Congenital Heart Disease and Spinal Fusion for Scoliosis
American Osteopathic Academy of Orthopedics – 1996

Non-Infected Tibia Non-unions
American Osteopathic Academy of Orthopedics – 1995

Supracondylar Fractures of the Elbow in Children
American Osteopathic Academy of Orthopedics – 1995

ORTHOPEDIC COMMITTEES

1999 – 2000	AOAO Ethics Committee
2000 – 2001	AOAO Female Orthopedic Surgeons Committee
2001 – 2002	AOAO Female Orthopedic Surgeons Committee –President

TEACHING APPOINTMENTS

Staff Attending Physician and Clinical Instructor in Orthopedic Surgery
Rowan University School of Osteopathic Medicine
Department of Orthopedic Surgery

ADVANCED POST GRADUATE TRAINING AND COURSES

Orthopedic Trauma Association
May 1995 – Buffalo, New York

1995 Annual Clinical Assembly of Osteopathic Specialists
September 1995 – New Orleans, Louisiana

1996 Annual Clinical Assembly of Osteopathic Specialists
October 1996 – San Diego, California

1997 American Academy of Orthopedic Surgeons
February 1997 – San Francisco, California

1997 American Academy of Orthopedic Surgeons
September 1997 – Washington, DC

1998 American Academy of Orthopedic Surgeons

Shoulder and Elbow Update
April 1998 – Kiawah Island, South Carolina

1998 Osteopathic Academy of Orthopedic Surgeons
Mid Year Meeting
May 1998 – Kansas City, Missouri

1998 Foot and Ankle Society
July 1998 – Boston, Massachusetts

1999 Annual clinical Assembly of Orthopedic Surgeons
September 1999 – Chicago, Illinois

ADVANCED POST GRADUATE TRAINING AND COURSES (CONTINUED)

2000 Insall Scott Kelly Institute
Sports Medicine and Total Knee Symposium
September 2000 – New York, New York

2001 Orthopedic Trauma Association: Orthopedic Trauma Update
May 2001 – Philadelphia, PA

2001 American Academy of Orthopedic Surgeons
The shoulder in 2001: An Open and Arthroscopic Surgical Odyssey
July 2001 – Rosemont, Illinois

2002 Cooper Hospital/University Medical Center
Osteoporosis and Vertebral Compression Fractures
March 2002 – Voorhees, New Jersey

2002 American Osteopathic Academy of Orthopedics
April 2002 – Chicago, Illinois

2003 American Osteopathic Academy of Orthopedics
May 2003 – Las Vegas, Nevada

2003 New England Baptist Hospital 8th Annual Shoulder and Sports Medicine
Symposium
October 2003 – Boston Massachusetts

77th Annual Clinical Assembly, ACOS
September 2004 - San Diego, California

Plate Fixation of Distal Radius Fractures
May 2005 – Camden, NJ

John Gregg Memorial Lecture
Anatomic Double-Bundle ACL Reconstruction
The restoration of Normal Knee Kinematics
Freddie H. Fu, M.D.
May 2005 – Voorhees, NJ

Pennsylvania Orthopedic Trauma Symposium
Temple University School of Medicine
September 2005 – Philadelphia, Pennsylvania

79th Annual Clinical Assembly of Osteopathic Specialists
September 2006 - New Orleans, Louisiana

ADVANCED POST GRADUATE TRAINING AND COURSES (CONTINUED)

15th Annual Osteopathic Educators' Course
March 2007 – Chicago, IL

47th Annual Post Graduate Seminar
May 2007 – Atlanta, GA

49TH Annual Post Graduate Seminar
May 2009 – Las Vegas, NV

Hip and Groin Injuries in Athletes
Medical and Surgical Treatment Options
May 2009 – Cherry Hill, NJ

2009 American Osteopathic Academy of Orthopedics Annual Meeting
October 2009 – Boston, MA

2nd Annual Rothman Institute Evidence-Based Orthopaedics
October 2011 – Philadelphia, PA

American Osteopathic Academy of Orthopedic Surgeons
2011 Annual Meeting 10/20/2011-10/23/2011 - Chicago, IL

American Osteopathic Academy of Orthopedic Surgeons
2012 Annual Meeting – 10/25/12-10/28/12 – Colorado Springs, CO

2nd Annual Emerging Techniques in Orthopedics - 2012
Las Vegas, Nevada – 12/6/12-12/9/12

53rd Annual Post Graduate Seminar -2013
Miami, Florida – 05/03/2013-05/05/2013

3rd Annual Emerging Techniques in Orthopedics - 2012
Las Vegas, Nevada – December 2013

Science and Connection – A New Era of Integrative Health & Medicine
San Diego, California – October 26-30, 2014

American Osteopathic Academy of Orthopedic Surgeons
2015 Annual Meeting – 10/15/15-10/17/15 – Colorado Springs, CO

Zimmer Biomet – Subchondroplasty Procedure Instructional Course
Parsippany, NJ – 5/14/2016

American Osteopathic Academy of Orthopedics
2016 Annual Meeting – 10/13/2016-10/15/2016 – Washington, DC

Apex – Platelet Rich Plasma and Stem Cell Training Workshop
1/28/2017-1/29/2017 - New York City, NY

42nd Annual New Jersey Orthopaedic Society Symposium
3/31/2017-4/1/2017 – New Brunswick, NJ

Cooper Health System – Chronic Exertional Compartment Syndrome and Lower
Extremity Overuse Injuries
4/6/2017 – Voorhees, NJ

American Osteopathic Academy of Orthopedic Surgeons
2017 Annual Meeting – 4/28/2017-4/30/2017 – Nashville, TN

American Osteopathic Academy of Orthopedics
2018 Annual Meeting – 10/18/2018-10/20/2018 – Atlanta, GA

44th Annual New Jersey Orthopaedic Society Symposium
3/30/2019 – New Brunswick, NJ

Arthrex – WINS: Women In Sports Medicine
9/27/2019-9/28/2019 – Naples, FL

Academy of Integrative Health and Medicine
2019 Annual Meeting – 10/12/2019-10/16/2019 – San Diego, California

Regenerative Medicine and Orthobiologics Symposium
9/30/2020 – Cherry Hill, NJ

American Osteopathic Academy of Orthopedics
Fall Meeting - 10/23/2020-10/25/2020 – Virtual

American Osteopathic Academy of Orthopedics
Spring Meeting – 4/15/2021-4/17/2021 – Virtual

American Osteopathic Academy of Orthopedics
Fall Meeting-10/05/2023-10/07/2023-Colorado Springs, CO